Virginia Library Association Professional Associates Forum Conference 2016

How to... NOT Get a Job at Your Library

{ Handling Rejection with Professionalism in Order to Succeed in the Future



Elizabeth Hensley

Branch Administrator, Montclair Community Library Prince William Public Library

Deborah Wright

Assistant Director of Public Service Prince William Public Library



Introduction & Goals

- Why this topic matters
- Examples of responses and behaviors
- What applicants can do
- What supervisors can do
- What is your experience

Volunteers

- Scenario A
- Scenario B

Behaviors

 When people are not selected for a position, what behaviors might they exhibit toward their selectors, supervisors and co-workers?

Emotions

 The behaviors that people exhibit when not selected for a position are a result of emotions. What emotions do people experience when they find out they were not chosen?

Emotions

• There are no "wrong" or "inappropriate" feelings.

Emotions

 There are healthier ways to cope and healthier choices people can make about the behavior they exhibit in the workplace.

Separate emotions from behaviors

Choose your attitude

Detach from the outcome

• Choose your confidantes wisely

Ask for feedback

• Find a mentor

• Every day on the job is an interview

Moving On

• How do you know when you should apply elsewhere?

When You're the Supervisor

 What to do when you are the supervisor on the receiving end of an upset candidate

Questions? Comments?

Thank You!

Deborah Wright dlwright@pwcgov.org Assistant Director of Public Service Prince William Public Library





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