LIBRARIES AND CIVIC ENGAGEMENT
Creating Future Leaders through Spring Break Teen Leadership Institutes
GOLEAD SPRING BREAK LEADERSHIP INSTITUTE

- Intensive 30 hour Leadership Program
- 9-3 Monday-Thursday
- Focused on teamwork, critical thinking and problem solving
- Ended with a capstone project
**goLEAD Outline**

**goLEAD Spring Break Institute Outline**

**DAY ONE**
- goGreat! goDiscover: Think “globally”! See the Big Picture
- 9:00 pre-survey (15)
- 9:15 Icebreakers
- Names in Action (20)
- Same/Different Venn Diagram (28)
- 9:55 Short Break
- 10:00 Expectation Setting (45)
- 10:45 Creative Leadership: What to expect (15)
- 11:00 Young People Taking Action! Digital Scavenger Hunt (20)
- 11:30 A World of Service (20)
- 12:00 Lunch Break
- 12:30 Johan Window (30)
- 1:00 Blizzards Survival (40)
- 1:40 Diversity Buttons (20)
- 2:00 Community Mapping (45)
- 2:45 Reflection (15)

**DAY TWO**
- goExplore/goAspire: Problem Statement
- 9:00 Leadership Mosaic (20)
- 9:30 Bled Poly (46)
- 10:10 Short Break
- 10:15 Issue Brainstorm (15)
- 10:30 Tools for Creative Problem Solving
- Brainstorming Solutions (15)
- Brainwriting (15)
- Visual Connections (15)
- 11:15 6 Degrees of Separation as a large group (15)
- 11:30 Lunch Break
- 12:00 Big Group Walk (15)
- 12:15 Forming a Problem Statement (45)
- 1:09 Voting (15)
- 1:15 goAmore: Community Fact Finding (60)
- 2:15 Group Juggling Exercise (60)
- 2:45 Reflection

**DAY THREE**
- goAmore/goPlan: Problem Solving
- 9:00 Personal Goal Setting: What do I want? (20)
- 9:20 Personal Goal Setting: SMART Goals (30)
- 9:50 Short Break
- 10:00 Tower Exercise (130)
- 12:00 Lunch Break
- 12:30 Capstone Service Project Planning (60)
- 2:00 Narrow Down Ideas (30)
- 2:30 Sell Your Box—variation on Box In, Box Out (15)
- 2:45 Reflection

**DAY FOUR**
- goAmore/goAct: Project Management
- 9:00 Maze (46)
- 9:40 Short Break
- 9:45 Project Planning Arrow (60)
- 10:45 Common Capstone Challenges and Solutions (60)
- 11:45 Lunch Break
- 12:15 Work on Capstone Project (75)
- 1:30 Donation Relocation (60)
- 2:30 Reflection
- 2:45 Post-survey
TEEN SPRING BREAK
MINI LEADERSHIP INSTITUTE

- Wanted to keep the focus on teamwork, critical thinking and problem solving
- Shorter, less intensive
- 10-1 Monday-Wednesday
- Hired presenter
- No capstone project
Mini Institute Outline

Teen Spring Break Mini Leadership Institute 2016

Monday
10:00  Introductions (20)
10:20  Toilet Paper Game (25)
10:45  Corner Choices (15)
11:00  Two Truths and a Lie (30)
11:30  Break (15)
11:45  Leadership Collage Activity (60)
12:45  Wrap Up (15)

Tuesday and Wednesday
10:00-1:00
Cordell and Latrice Farley lead teens in self-awareness, goal-setting and emotional intelligence activities.
GOLEAD PROS AND CONS

**PROS**
- Receive Training
- Follow Established Program
- Nationally Known
- Teens Connect because of Intensity and Duration
- Includes Capstone Project

**CONS**
- Must Follow Exactly
- Only Trained Facilitators can Lead
- Each Activity Requires time/preparation
- Time Commitment for Teens
### Mini Institute Pros and Cons

<table>
<thead>
<tr>
<th><strong>Pros</strong></th>
<th><strong>Cons</strong></th>
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<tbody>
<tr>
<td>Flexible</td>
<td>Start from “Scratch” each year</td>
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<tr>
<td>Staff Driven</td>
<td>Presenter Fee</td>
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<tr>
<td>Possibility for New Material/Theme Each Year</td>
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<tr>
<td>Includes Icebreakers</td>
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<tr>
<td>Professional Presenter</td>
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Attention teens---

Dreaming Spring Break because you don’t have anything to do? Looking for a way to get out of the house and meet other teens? Come hang out with us.

Chesterfield County Public Library

goLEAD Spring Break Institute Registration Form

What is goLEAD?
- goLEAD is a nationally recognized program.
- goLEAD is a fun leadership program designed especially for teens.
- goLEAD participants will work with a trained facilitator to identify and address a community need.
- goLEAD will help you get started on your college and job applications.

When is the goLEAD Institute?
- The Institute will be held at Meadowdale Library, 401 Meadowdale Boulevard, North Chesterfield, VA 23236.
- The Institute will run from 9 a.m. to 3 p.m. (breakfast at 9 a.m.). The library will be open Monday, Tuesday, and Wednesday until 9 p.m. and Thursday until 5 p.m.
- Breakfast and lunch will be provided.

Who is eligible?
- Open to middle and high school students.
- The program does not require a minimum GPA, but applicants do need an adult supporter at their school and an adult volunteer to participate.

How do I register?
- Complete the attached registration form and return it to Meadowdale Library by Friday, April 1.
- Space is limited.

Questions? Contact Lisa Hasler at lhasler@chesterfield.gov or 248-0930.

Participant Information

Name: ____________________________
Address: ____________________________
Email: ____________________________
Phone: ____________________________
School: ____________________________ Grade in School: ______

Parent/Guardian Contact Information

Name: ____________________________
Address: ____________________________
Email: ____________________________
Phone: ____________________________

Supporter Information

Name: ____________________________
Email: ____________________________
Phone: ____________________________
What is your supporter’s role?
- Teacher
- Counselor
- Coach
- Other:

Breakfast and lunch will be provided at the Institute. Do you have any dietary restrictions?
- Yes
- No
- If yes, please describe: ____________________________

On a separate sheet of paper, please answer the following questions:

1. Briefly explain why you are applying for the goLEAD Institute. What do you want to learn? How do you think you could use what you learn?
2. Identify a community issue you are dealing with. What organization in the community, if any, is dealing with the issue? What idea(s) do you have for how to address this issue?
GOLEAD PROMOTION

PROS
- Learn About Teens Ahead of Time
- Distributed at Schools

CON
- Low Response Rate (email blast)
TEEN SPRING BREAK MINI LEADERSHIP INSTITUTE

Monday, March 28 - Wednesday, March 30
10 a.m.-1 p.m.

Teens—use your Spring Break to build valuable leadership skills that will help you when applying for jobs and college. Registration is required and begins on March 14. Registration is for all three days and only teens need to register.
MINI INSTITUTE PROMOTION

**PRO**
- Easy

**CON**
- Lower Commitment
goLEAD Measuring Outcomes

Name: ______________________

**goLEAD Pre-Survey**

1. What does service-learning mean to you?

2. What do you hope to learn from this institute?

3. What sort of leadership experience did you have before this institute?

On a scale of 1 (strongly disagree) to 5 (strongly agree), please rate the following statements:

4. I consider myself a leader
   - 1
   - 2
   - 3
   - 4
   - 5

5. I feel comfortable making informed decisions
   - 1
   - 2
   - 3
   - 4
   - 5

6. I feel comfortable collaborating with others
   - 1
   - 2
   - 3
   - 4
   - 5

7. I am confident I could plan a service project alone
   - 1
   - 2
   - 3
   - 4
   - 5

8. I am confident I could plan a service project with others
   - 1
   - 2
   - 3
   - 4
   - 5

9. I communicate well with others
   - 1
   - 2
   - 3
   - 4
   - 5

10. I feel comfortable reaching out to other participants or leaders for support
    - 1
    - 2
    - 3
    - 4
    - 5

Name: ______________________

**goLEAD Post-Survey**

1. What does service-learning mean to you?

2. What did you learn by participating in this institute?

3. Please describe any challenges that you encountered during the institute. How did you overcome them?

4. What was your favorite and least favorite part of the institute?
   Favorite: ______________________
   Least favorite: ______________________

On a scale of 1 (strongly disagree) to 5 (strongly agree), please rate the following statements:

5. I consider myself a leader
   - 1
   - 2
   - 3
   - 4
   - 5

6. I feel comfortable making informed decisions
   - 1
   - 2
   - 3
   - 4
   - 5

7. I feel comfortable collaborating with others
   - 1
   - 2
   - 3
   - 4
   - 5

8. I am confident I could plan a service project alone
   - 1
   - 2
   - 3
   - 4
   - 5

9. I am confident I could plan a service project with others
   - 1
   - 2
   - 3
   - 4
   - 5

10. I communicate well with others
    - 1
     - 2
     - 3
     - 4
     - 5

11. I feel comfortable reaching out to other participants or leaders for support
    - 1
     - 2
     - 3
     - 4
     - 5

12. The experiential activities helped me understand how to lead
    - 1
     - 2
     - 3
     - 4
     - 5

13. Please share any additional thoughts or comments on the institute experience.
    ____________________________________________________________
    ____________________________________________________________
GOLEAD Measuring Outcomes

- “I found it fun and I would do it again!”
- “I liked all of it”
- “I learned new things and the experience was awesome!”
- “I learned that one needs to not only be a leader, but also a part of a team.”
- “I am the youngest and it made me feel like I matter.”
# Mini Institute Measuring Outcomes

**CCPL 2016 Teen Spring Break Leadership Institute March 28-30**

<table>
<thead>
<tr>
<th>Question</th>
<th>Rating Options</th>
<th>Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>How would you rate your experience participating in the Institute?</td>
<td>5: Great, 4: Just Okay, 3: Just Okay, 2: Poor</td>
<td></td>
</tr>
<tr>
<td>Would you recommend the Institute to others?</td>
<td>5: Definitely Recommend, 4: May Recommend, 3: Would Not Recommend, 2: Recommend, 1: Would Not Recommend</td>
<td></td>
</tr>
<tr>
<td>How likely are you to use what you learned in making decisions in future?</td>
<td>5: Very Likely, 4: Maybe, 3: Somewhat Likely, 2: Unlikely, 1: Very Unlikely</td>
<td></td>
</tr>
<tr>
<td>What one word would you use to describe the Institute?</td>
<td></td>
<td></td>
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<tr>
<td>My favorite part of the Institute was:</td>
<td></td>
<td></td>
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<tr>
<td>One thing I will do differently because of the Institute is:</td>
<td></td>
<td></td>
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<tr>
<td>Which of Mr. Farley’s mind exercises do you see yourself using in future?</td>
<td></td>
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<tr>
<td>Other Comments</td>
<td></td>
<td></td>
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</tbody>
</table>

- "Informative"
- "Inspirational"
- "Inspired"
- "Inspiring"
- "Great"
- "Positive"
- "Worth Your Time"
- "Fun"
One thing I will do differently because of the Institute is...

- “Make my voice heard”
- “Have a plan when I do something”
- “Try and write my own book”
- “Set goals ahead of time to make sure I can accomplish them”
- “Become more of a leader than a follower”
- “Learn more about business and leadership”
- “Be a leader”
OTHER FORMS

goLEAD Spring Break Institute Planning Timeline

<table>
<thead>
<tr>
<th>Task</th>
<th>Date</th>
<th>Done</th>
</tr>
</thead>
<tbody>
<tr>
<td>Meet with Meadowdale managers to discuss scope of project and brainstorm logistics and community contacts</td>
<td>2/6/15</td>
<td>X</td>
</tr>
<tr>
<td>Submit goLEAD Institute application for review</td>
<td>2/6/15</td>
<td>X</td>
</tr>
<tr>
<td>Submit goLEAD application cover letter for review</td>
<td>2/6/15</td>
<td>X</td>
</tr>
<tr>
<td>Contact NY generation on about last year's spring break institute</td>
<td>2/6/15</td>
<td>X</td>
</tr>
<tr>
<td>Contact Falling Creek Middle librarian to schedule meeting</td>
<td>2/6/15</td>
<td>X</td>
</tr>
<tr>
<td>Drop off goLEAD applications at Falling Creek</td>
<td>2/10/15</td>
<td>X</td>
</tr>
<tr>
<td>Submit donation letter for review</td>
<td>2/20/15</td>
<td>X</td>
</tr>
<tr>
<td>Email donation letter to local businesses</td>
<td>3/27/15</td>
<td>X</td>
</tr>
<tr>
<td>Deliver donation letter to key community members</td>
<td>2/27/15</td>
<td>X</td>
</tr>
<tr>
<td>GOLEAD APPLICATIONS DUE</td>
<td>3/6/15</td>
<td>X</td>
</tr>
<tr>
<td>Choose and notify GOLEAD attendees</td>
<td>3/13/15</td>
<td>X</td>
</tr>
<tr>
<td>Recruit Help from FRIENDS, school librarians, etc.</td>
<td>3/13/15</td>
<td>X</td>
</tr>
<tr>
<td>Coordinate transportation for attendees</td>
<td>3/20/15</td>
<td>X</td>
</tr>
<tr>
<td>Submit pre and post participant survey for review</td>
<td>3/22/15</td>
<td>X</td>
</tr>
<tr>
<td>Print goLEAD materials including pre and post surveys</td>
<td>3/22/15</td>
<td>X</td>
</tr>
<tr>
<td>Meet with goLEAD workers</td>
<td>Week of 3/20</td>
<td>X</td>
</tr>
<tr>
<td>Shop for goLEAD Institute supplies</td>
<td>Week of 3/20</td>
<td>X</td>
</tr>
<tr>
<td>Facilitate goLEAD Institute</td>
<td>4/6/15 to 4/9/15</td>
<td>X</td>
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<tr>
<td>Submit goLEAD Evaluation to library administration</td>
<td>4/13/15</td>
<td>X</td>
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Chesterfield County Public Library
Chesterfield County, Virginia

Michael R. Morin
Library Director

March 13, 2015

Dear:

I am excited to share about a worthy project happening in your neighborhood. Chesterfield County Public Library will be hosting a goLEAD Institute for a small group of teams in the Meadowdale area during spring break. During this institute, teams will gain valuable leadership skills including collaboration, creative problem solving, and decision making. After the institute, teams will participate in a capstone service project addressing a local community need.

The institute will take place Monday through Thursday April 6-9. We will be providing breakfast, lunch, and afternoon snacks, and we need your help. We are asking for donations from local organizations for lunches or gift cards to purchase food. In return for your participation, your organization will be thanked in the next library newsletter.

Thank you in advance for your consideration. I will be calling you in the next week to follow up.

Sincerely,

Juss Hamberger

Providing a FIRST CHOICE community through excellence in public service
RECOMMENDATIONS

- 3 Day Format
- 10-2 with lunch break
- One Day of Icebreakers
QUESTIONS?

Jess Harshbarger
HarshbargerJ@chesterfield.gov

Helen Houchins
HouchinsH@chesterfield.gov