

*Milk and Honey by Rupi Kaur*  
Andrews McMeel Publishing, 2015

### Reviews

- [Publisher's Weekly](#) (19 December 2016) "Milk and Honey is a collection of poems accompanied by simple line drawings that explore themes of love, loss, heartbreak, sexual abuse, and what it means to be a young woman in today's world."
- [India Today](#) (2 October 2017) "It's not every day, that a girl from a pind in Hoshiarpur, Punjab, finds herself on a New York Times Bestsellers List, selling 1.4 million copies of her first book. And it's not every day that a young, powerful voice of colour resonates the way Kaur's does -- whether for good or bad -- across the world."
- [The Oxford Student](#) (21 August 2017) "Whether long-term or not, 'milk and honey' is undeniably popular. Perhaps this is due to Kaur undercutting the impersonality of a modernist aesthetic with accessible, simplistic language. Kaur does not subscribe to the belief that poetry must be difficult to be meaningful, championing a direct and inclusive register that unites her personal experiences with the reader."

### Awards

- None found

### Lists

- New York Times Best Seller, 2019

### Response to challenges

- [Opinion: A social media uproar, a book challenge in Roseburg](#) (October 24, 2021) "Library books should never simply be cancelled due to complaints or controversy from individuals or angry mobs. Instead, every book deserves due process for reconsideration by objective professionals, in which the work is weighed on its various merits including the right of library users to access diverse materials that may help with deeply personal mental and emotional health needs."
- [Canadian-Indian poet Rupi Kaur calls banning of 'milk and honey' in Texas 'disturbing'](#) (April 22 2022) "Kaur said she hopes that she can continue working with librarians and teachers in these states to "find a way to get this book unbanned and back in classrooms."

### Reference list

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